

Dog Wellness Chart

Print a new chart each week. Sit down with the family and decide who will be responsible for each behavior. The person responsible doesn't necessarily have to be the one playing, feeding, giving affection, etc., but this person needs to help everyone else remember and offer reminders. Even very young children can be the "person responsible". Once the behavior has been achieved for the day, someone in the family initials the box and makes any needed notes. After a couple of weeks, assess how the family is doing with the chart. If everyone feels like they're collectively improving dog wellness, reward yourselves!

Date Range _____

Behavior / Person Responsible	Monday Date:	Tuesday Date:	Wednesday Date:	Thursday Date:	Friday Date:	Saturday Date:	Sunday Date:
Family Time							
Exercise							
Affection							
Healthy Food							
Play Time							
Pos. Reinforce.							